

healthyme



FREE GROUP FITNESS CLASS SCHEDULE

Join us!

SITE	SCHOOL DISTRICT and LOCATION	TRAINER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Burbank HS 1002 Edwards St	SAISD Cafeteria	Liza	5:30- 6:30 PM			
Jefferson HS 723 Donaldson Ave	SAISD Cafeteria Sub	Ken		5:30- 6:30 PM		
Whittier MS 2101 Edison Dr	SAISD Cafeteria	Paulo			5:30-6:30 PM	
Herff ES 996 S Hackberry	SAISD TBD	Denise				5:30-6:30 PM
Travis Early College HS 1915 N Main Ave	SAISD Cafeteria	Yvonne	5:30-6:30 PM			
Highland Hills ES 734 Glamis Ave	SAISD Gym	TBD				
Adams ES 135 E Southcross	HISD Gym	Denise (Zumba)	5:30-6:30 PM			
Carroll Bell 906 March Ave	HISD Gym	Evelyn (T) TBD (TH) (Strength & Conditioning)		5:30- 6:30 PM		5:30-6:30 PM
Wright ES 115 E Huff	HISD Gym	Ken (Zumba)			5:30-6:30 PM	
Pearce Primary School 1460 Martinez Losoya	SSISD Gym	Paulo				6:00-7:00 PM
Linton ES 2103 Oak Hill Rd	MISD Cafeteria and Gym	Liza			6:00-7:00 PM	
Southwest ES 11914 Dragon Ln	SWISD	TBD				
La Botanica	LezRide	TBD		7:00- 8:00PM		



Health Collaborative

Bexar County's Community Health Leadership

Contact us for more information:

210-481-2573 • www.healthymehealthyme.com

Humana.



Class will begin September 11th unless otherwise noted.