

Digital mammography that comes to *u*.

You are a candidate for a mammogram if you:

- Are age 40 or older (most insurance companies will pay for a screening mammogram for women age 35-39 with a doctor's order)
- Have not had a mammogram within the past year
- Are not pregnant or breastfeeding
- Have no unusual breast symptoms such as a lump

Preparing for your visit:

- You don't need a doctor referral. We will call your insurance company to make sure you are eligible.
- We offer some financial assistance to qualifying women (call 358-7020 for more information).
- Screenings take about 15-20 minutes
- Wear a two-piece outfit. Avoid using lotion, deodorant, powder and perfume on your breasts and underarm area.
- To register, go to healthyUexpress.com, click APPOINTMENT and complete the form. We'll contact your insurance company for certification. Our radiology department will call you within 3-5 business days to verify available appointment times.

Call 358-7020 for more information.

A partnership for advanced breast care



**University
Health System**



UT MEDICINE
HEALTH SCIENCE CENTER SAN ANTONIO



We're coming to *u*!

Harlandale ISD

Memorial Stadium

1202 96th Street

SAT 78214

September 29, 2017

8:30 am – 4:00 pm

(Open to employees and staff)

Appointments necessary!

Register online.

Register online today at www.healthyUexpress.com

Bringing Digital Mammograms to

You!

Try a softer, warmer mammogram with MammoPads®

Friday,
October 27th, 2017

9:00 a.m. to 12:30 noon

Harlandale Transportation Dept.
12115 SE Loop 410
SATX

Please call 210.704-4100
to schedule your
appointment today.
(Se Habla Español.)

To have a digital screening mammogram on the Mobile Mammography Unit, you must:

- Be 40 years of age or older (insurance permitting).
- Have not had a mammogram within the past 365 days.
- Have NO symptoms, such as lumps or skin changes. (See a doctor right away if you have changes. Call us if you do not have a doctor!)
- Have had no previous breast cancer or mastectomy.
- Not be pregnant or breastfeeding. (A screening mammogram cannot be done until 90 days after breastfeeding has been stopped.)

Be prepared for your visit:

- Bring the name, address, and phone number of your physician.
- If you have had a mammogram in the past, please locate your films and bring them to your mammography appointment.
- Bring a valid photo ID
- Bring your insurance card (we accept Medicare, Medicaid, and most private insurances).
- DO NOT wear deodorant, perfume, powders, or lotions.
- DO wear a two-piece outfit.

A physician's order is NOT needed for patients who have seen their physician within a year prior to their mammogram appointment.

If you do not have insurance or a doctor, please call 210.704.4100 for details and to learn how you could get a mammogram through the generosity of community funding.



 **CHRISTUS.
SANTA ROSA**
Health System

Mobile Mammography Unit

CHRISTUS. Here. For life.™